

# Tulsa World of Gymnastics

HY-LITES NEWSLETTER

# October



## Boooooo! It's that time of year! Trick and Treat!

Lot's of new skills are being presented to our little "tricksters" Be sure to check in on a daily basis to have them give you a "treat". They love to perform.....especially for Mom and Dad and Nanny's and Papa's.

### Adult's "Abilities" Classes

Ms. Crissy Guerrero will be working with our Adults Special Abilities Classes beginning their 11th year at TWOG. We are so proud of these young adults as they work to improve their physical strength and movement skills. A very special thanks to Mrs. Crissy, Mrs Mary and Mrs Angela.

### Birthday Parties at TWOG

We have the greatest place for birthday parties!! You must be between the ages of 2-6. Please check at the front desk for availability or take a look at our website for additional information. [www.tulsagymnastics.com](http://www.tulsagymnastics.com)



### Fall Fitness in the Air

Many of our parents are setting a great example for all of us!! Treadmills, bicycles, stair masters, and weight station are all in major use. Way to go Parents!!!! Don't hesitate to join in the fun. It's for parents only.....no little people allowed!



### Dates for your Calendars:

"Zoo Meet" October 26-27

ConocoPhillips Invitational November 16-17

American Invitational December 1

Thanksgiving: November 21-23rd

Christmas: December 24-Jan. 2nd

### Tune in to NBC Sports on Oct. 7 for coverage of the 2007 World Championships

NBC Sports will broadcast two hours of coverage of the 2007 World Championships on Oct. 7 at 4 p.m. ET. Viewers should check local listings to confirm times in their locale. This will be the first time the World Championships have been on network television since 2003.

### Halloween Night: Note Please Read Important Schedule Change

All classes scheduled for October 31st at the 5:00 and 6:10 hours will not meet. This allows anyone who wants to attend fall festival celebrations and go trick or treating. The month of October has five Wednesdays.

### "Mommy and Me" Classes Gear UP

TWOG is offering Mommy and Me classes for Moms and babies (ages 9 Months to 23 Months). These classes involve flipping, rolling, balancing, jumping, running, climbing, sliding, singing and laughing, the fact is; gymnastics is FUN.



**CLASSES ARE OFFERED :TUESDAY 9:30AM, WEDNESDAY 9:30AM AND 10:40AM, THURSDAY 10:40 AM.**

### 2007 Judge's Zoo Review Meet

TWOG Gymnasts, Levels 4-5 will travel to Oklahoma City for the annual Judges Zoo Review. This meet will be hosted by Dynamo Gymnastics and will start our 2007-08 gymnastics season.

**GOOD LUCK TWOG HY-LITES**

### October Birthdays

Sara Allen, Taylor Argabright, Marina Bachman, Olivia Barron, Ella Bartlett, Corina Bauer, Laci Boaz, Sarah Bryson, Jayden Bunch, Boaz Camp, Zoe Camp, Hannah Chandler, Natalie Chapel, Audrey Crancer, Cole Curtis, Clay Dalglish, Emma DeLong, Hannah Dow, Pete Fabian, Ruston Farrington, Will Ferguson, Katelyn Flake, Lauren Floyd, Sydney Forrest, DeAnna Foster, William Franden, Hannah Fuller, Charlie Goddard, Kelsey Hackerott, Ryann Hays, Dawson Heflin, Hunter Henry, Maggie Holcomb, Melody Holcomb, Susan Hunt, Samantha Isler, Sophia Jackson, Caroline Jarboe, Lauren Jobe, Neil Klaus, Gentry Landers, Jules Lemons, Annabelle Main, Mason Malloy, Timothy Marcks, Anastasia Marfechuk, Grace Marr, Carolyn Marshall, Jake Martens, Madalyn Martin, Natale Martin, Claire Massaro, Rylie Matlock, Amaya McConkay, Morgan McNulty, Meghan Means, Lauren Meyers, Victoria Monroe, McLain Moss, Ellie Murray, Julia Naifeh, Katy Nall, Jade Newberry, Bella Nidiffer, Reese Nix, Ashten Notz, Savanna Parker, Rose Perez, Haley Perry, Ella Phillips, Alik Putman, Annie Rives, Tiffany Rogers, Haley Rosburg, Paridy Scott, William Sides, London Siefried, Mary Ann Smith, Katie Snyder, Destiny Spangler, Maryanne Stamper, Cameo Stapleton, Isabella Sterrett, Katelyn Stewart, Zander Swatek, Emma Tolbert, Dezmund Traylor, Juliet Vo, Conner Wheeler, Hailey Wilkens, Claire Williams, Lauren Wilson, Trace Wilson, Nick Wilsterman, McClaine Wright, Mikaela Zahn, Zoe Zanovich and Megan Zinn.

