



# Tulsa World of Gymnastics

## November *HY-LITES NEWSLETTER*

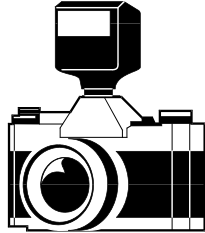
Dear TWOG families,

As we enter the holidays we are all challenged with getting what needs to be done before the BIG days finally arrive. Sometimes the holiday "hustle-bustle" (as wonderful as it is) gives some families thoughts about dropping class for these busy months. I encourage all of you to be consistent with your classes and not to miss even when it gets difficult to manage all of the extras that go on during the months of November and December. Educational consistency in your child's day care, preschool, school and enrichment programs throughout the entire year is absolutely critical!



### Christmas Observation Classes

Scheduled Observation for our Christmas programs will be the week of **December 17th through the 21st**. The staff is excited to show off all of the skills, strength, and flexibility activities that the children have been working on. Plan to invite Nana's, Papa's, Aunties and Uncles for your child's special day. Camera's an absolute must! Lots of photo opportunities!



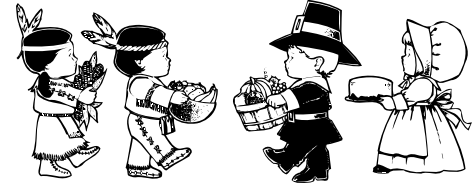
### \*\*Mommy and Me Classes\*\*

TWOG will be offering Mommy and Me classes for moms and babies. These classes involve flipping, rolling, balancing, jumping, running, climbing, sliding, singing or laughing, the fact is; gymnastics is FUN. Our coaches ensure that classes are fun for their students by being personable, entertaining, and positive. Mommy and Me classes at Tulsa World of Gymnastics are not play time. They are instructional programs, and they teach real gymnastics. Although at this age, these young gymnasts' skills are limited, a class at TWOG insures that your child is learning the proper techniques and basic skills that will lead to safe and progressive gymnastics development. Check at front desk for more information.



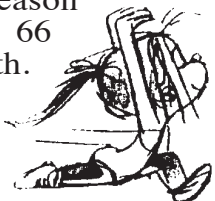
**Star-Lites/Performance**  
November 10th  
**Level-4 & 5 Bartlesville**  
November 16-17th  
**Thanksgiving Holiday**  
November 21-23rd  
**Christmas Holiday**  
December 24th-January 2nd

*"May your family gatherings be Blessed"*



### Competitive Season Underway

Tulsa World of Gymnastics second meet of the 2007-08 Competitive Season is in Bartlesville for the Phillips 66 Invitational on November 16th-17th. Best wishes to our coaching staff, gymnasts and parents as they make their preparations for the season.



**www.tulsagymnastics.com**  
FOR MORE INFORMATION ABOUT TULSA WORLD OF GYMNASTICS, TIPS, SKILLS, OR JUST TO SEE YOUR TEACHER. ALSO CHECK OUT OUR SMILEY FACE PAGE OVER 1,000,000 HITS....LOTS AND LOTS OF GOOD STUFF.

**November Birthdays**  
Sam Allen, Sophia Armoudian, Wyatt Baber, Elizabeth Bader, Britton Barnes, Alexandria Beach, Salem Bennett, Luke Blaylock, Zoe Brewin, Brooke Burns, Guy Clevenger, Amber Conner, Olivia Cropper, Avery Dobson, Elijah Dobson, Cheyenne Dohmen, Elizabeth Dolan, J.P. Dolan, Anna Draper, Mary Erdmann, Camryn Ere, Macie Fox, Kaitlyn Frie, Helen Fullerton, Isabella Gaberino, Ellie Gilbreath, Rachel Golla, Hannah Hammond, Ashleigh Hardway, Raegan Harrel, Henry Holman, Lydia Hoose, Trevor Johnson, Anna Karbowski, Audra Keeling, Daisy Kimbrel, Mia Kirk, MacKenzie Koch, Olivia Lai, Jordan Leyendecker, MacKenzie Martin, Kara Matheny, Loren Methvin, Avery Mize, Gannon Murray, Kate Myers, KeAnna Nelson, Charlie Nickel, Christian O'Daniel, Nicholas Parsons, Kate Potter, James Puls, Leah Raley, Sam Ramirez, Reade Rex, Grace Ritchie, Lola Schafer, Rosie Schafer, Forrest Sipes, Emily Suchinski, Sydney Thorpe, Madison Tokarchik, Tia Treadwell, Hailey Tyler, Olivia Vanderyt, Addi Wagner, Niemann Walker, Peyton Wilkerson, Landry Williams, Norah Wilson, Carter Young and Berkley Zahn.

